Dear Jaguar Parents and Students,

With Easter break over, we are getting close to the end of another school year! Mrs. Glazier and I have really been enjoying meeting with our 7th grade students individually for their CCR’s this last month to discuss their future college and career plans. While it may seem like high school graduation is a long ways off, it’s never too early to begin talking to your student about their future. By helping your student create good study habits, set attainable goals (both academic and otherwise), and letting us know how we can better support you, we can help create a strong foundation for our students to build upon the rest of their lives.

This can also be a really stressful time of year as students try to keep on top of their grades (especially with the nice weather!) and finish strong. If your student is struggling, we can help! Please feel free to contact your student’s teachers with academic concerns, or a counselor for social or emotional support.

Thank you for all of your support! We are so proud of our Hurricane Intermediate School community!

Mrs. Judd, School Counselor

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**Upcoming Events**

**April 10**
7th Graders- Job Shadow

**April 11**
7am Immunization Clinic @H.I.S.

**April 20**
Spanish Dual Immersion Field Trip (select students)

**May 2**
Beginning Band Concert @6pm
Concert Band @7pm

**May 3**
Piano Concert @6pm
Yearbook prices are now $21. Yearbooks are guaranteed on a first come, first serve basis.

With the school year rapidly coming to a close, please be reminded that all student fees, library fines, and unpaid lunch balances, must be paid before yearbooks are handed out.
Immunization Clinic

For students going into 7th grade
OR any school-aged children needing vaccinations

Hurricane Intermediate
Wednesday, April 11th (7:00-8:00 am)

NO CHARGE with proof of following insurances: • CHIP • DMBA • Medicaid • PEHP
• SelectHealth • Tall Tree • United Healthcare* • Aetna First Health**

OR

Cost: $20.50/shot if uninsured or American Indian/Alaskan Native

You will need to send/bring:
• Payment or (copy of) insurance card
• Child’s immunization record
• Completed and signed health department intake form (attached, or visit swuhealth.org)
• Parent/guardian does NOT have to be present if above items are sent with child

* If your insurance is not listed, contact your healthcare provider for immunizations ** Must be Aetna First Health not on the Utah Connected Network
Clinica de Vacunación

Para estudiantes que van a empezar el grado 7
O niños que van a la escuela y necesitan vacunas

Escuela Intermedia de Hurricane
Miércoles, 11 de Abril (7:00-8:00 am)

No costo con las siguientes aseguranzas: • CHIP • DMBA • Medicaid • PEHP
• SelectHealth • Tall Tree • United Healthcare* • Aetna First Health**

Costo: $20.50/por vacuna si tiene asegurança pero no cubre vacunas o es Nativo Americano/
Nativo de Alaska

Usted tiene que mandar o traer:

• Pago o tarjeta de Aseguranza
• Record de vacunas
• La forma del Departamento de Salud completamente llena (visite nuestra pagina de web swuhealth.org)

Su estudiante necesita estas vacunas antes de entrar al grado 7

• 1 Meningococo
• 1 TDap refuerzo (Tetano/Difteria/Tos ferina)
• 2da Varicela, a menos que haiga tenido la enfermedad

* Si su asegurança no esta en la lista, contacte a su proveedor por vacunas
** Debe ser Aetna First Health no en la red conectada de Utah
Teacher Appreciation Week will be May 7-11th, and we are looking for ways to show our teachers how much they are valued here at H.I.S. If there are any volunteers that would like to help plan and organize, please contact the school at 635-8931. Thank you.
End of Level Testing Dates

End of level testing begins at the end of April. We are completing the testing within 3 weeks. The week of April 23rd, the students will take their Language Arts test, with both the writing and reading components. The week of April 30th, they will begin the Science test, and then the week of May 7th they will work on the Math test. These tests are important, and helpful to teachers as they can use student performance to strengthen their own teaching practices, and to help students for the upcoming year.
Hurricane Intermediate School

Library Schedule for End of Year

Cannot Check out Books with these Fines on Your Account:

April 12th  $.20 Fines  (2) Books only
April 19th  $.15 Fines  ↓
April 26th  $.10 Fines  (1) Book only
May 3rd    $.05 Fines  ↓

May 10th    All Books are Due!
Library is Closed!

May 24rd    School Closed!
Hints for homework

Amy has her evening planned. She'll do her math homework before dinner, then follow up dessert with English and science. Afterward, she can unwind from a busy day.

Sound impossible? It's not. Help your middle grader make homework go like clockwork with these strategies.

Think it through
Before you, your youngster begins, have her make a to-do list. *Example:* Write a poem, read a history chapter, solve 10 math problems.

Then, suggest that she number the tasks, from toughest to easiest, and start with the hard stuff. This “save the easiest for last” strategy will help her finish on a high note, perhaps inspiring her to get in some extra studying.

Think about time
Ask your child to consider different time slots she can use to get work done. For instance, maybe she could set aside a weekend morning or Sunday night.

Also, some middle graders have time during study period or after lunch to tackle homework. Encourage your child to complete one assignment at school each day. The more she does then, the more time she'll have for fun later.

Think positive
Help your middle grader see homework as a chance to prove her independence by getting her work done on time and doing it by herself.

Boost her confidence by telling her, “Homework gives you a chance to show all that you know.” And give her a thumbs-up when she does just that.

Be there!
Being in school all day, every day, helps your child get the most out of middle school. Encourage good attendance with these ideas:

- Point out that there is no substitute for being in class. Your youngster needs to be present to hear teachers explain concepts, to participate in group projects and class discussions, and to ask questions.

- Schedule doctor, dentist, and orthodontist appointments for before or after school hours whenever possible. If you can’t, try to arrange them for lunchtime.

- It will be easier for your child to get up on time for school if he has had at least nine hours of sleep. Set a reasonable bedtime, and make sure he puts away electronic devices so he isn't tempted to stay awake to read messages or play games.

Family meals
Eating together gives parents and children a chance to chat about the day's events. It also strengthens family relationships. Whether you have time to cook or are picking up carryout on the way home from work, try to sit around the table and enjoy each other's company while you eat.

Worth quoting
“The time is always right to do what is right.” Martin Luther King Jr.

Short Stops
Waiting patiently
Does your child expect everything to happen now?
If a friend doesn’t call back immediately or his teacher hasn’t graded his project yet, encourage him to come up with possible explanations. Maybe his friend is at a movie or the teacher has 100 assignments to grade. Thinking reasonably can help him be patient.

Research shows that most tweens would like to talk more with their parents about schoolwork. Ask your child to share what she’s learning in her classes. Be specific: “What kind of math problems did you do today?” or “Tell me about the science experiment you did in lab today.”

Did you know?

Q: When does Friday come before Thursday?
A: In the dictionary!
Emotions in the middle

Moody, private, self-conscious...if this sounds like your tween, you’re not alone. At this age, his body and emotions are changing rapidly. Here are ways to help him cope.

Managing moods. Physical growth and worries about friends, sports, and schoolwork can cause moodiness. Let your child know you’re available to talk. A quiet statement, such as “I remember what it feels like not to be asked to join a team,” can invite him to open up about what’s bothering him.

Finding privacy. It’s natural for your middle grader to want some time to himself. He might close his bedroom door or walk outside to take a phone call, for example. Show him that you respect his growing need for privacy by giving him space.

Fitting in. Many middle graders feel self-conscious. Being part of a group of people who share his interests can help your youngster focus on his strengths and feel more confident. Encourage him to participate in at least one activity, perhaps basketball, student government, or math club.

Prepared for standardized tests

Does your middle-schooler have state tests coming up? Review these tips before testing begins:

- Knowing how to approach different kinds of questions will help her score higher. For instance, on multiple-choice sections, she could cover up the answers while she reads the question. If the answer she thought of is listed and the other options don’t make more sense, she can be pretty confident she’s right.

- Have your child find out whether she’ll lose points for wrong answers. If not, it’s best to guess. Also, if scrap paper is allowed, she can use it to work out problems and to keep her place on the answer sheet.

More nonfiction reading

My son, Kevin, reads mostly fiction, but his language arts teacher said the class will read lots of nonfiction this year. The reason, she said, is to prepare students for high school, college, and careers, where informational text is important.

The teacher suggested a few ways to help at home. First, she said, we could leave the newspaper out and mention articles about topics that affect him. For instance, I pointed out stories on road construction where he rides his bike and on festivals we might attend.

Also, the teacher said to encourage our son to read nonfiction books about things he’s interested in. The next time I went to the library, I brought home books about car racing and a biography of one of Kevin’s favorite drivers. I was happy to see him reading one rather than watching TV the other night! He even asked to go to the library to get a book about another driver. And when we were there, he picked up a few books on speed records and breaking the sound barrier.

Bully-proof your child

Q: I’ve heard bullying peaks in middle school. How can I make sure my daughter isn’t a target?

A: There is no way to guarantee a child will never be bullied. But there are things you can do to help.

Since bullies are less likely to pick on someone who has friends, encourage her to get to know other students. Suggest that she join a club, and have her invite classmates over. Not only is there safety in numbers, but having friends will build her self-esteem, which in turn can discourage bullies from targeting her.

Also, talk to your daughter about bullying. Tell her that if she is bullied or sees someone else being bullied, she should seek help immediately from an adult, whether it’s you, a teacher, an administrator, or a coach. Let her know that she’s not expected to handle this problem alone.
Helpful Information/Reminders

- ATTENDANCE-If your child will not be at school please call 635-8931 or email karina.lebaron@washk12.org. If you are checking your student out of school, you will need to come in to the office and sign them out. You must have ID in order to check out a student. We will not release students to anyone who is not on your contact list.

- ATTENDANCE-District policy allows us to excuse absences/tardies that are within 7 days.

- DRESS CODE-With the warmer weather approaching, please be mindful of the dress code.
  7. Clothes that are mutilated (distressed) 4" above knee or immodest are not appropriate school wear. Any apparel revealing a bare midriff, (including when raising arms), bare shoulders, low neck line, or cut low under the arms, is not permissible. Tank tops, without a covering garment or t-shirt underneath, are not permissible. Sleeveless shirts must be at least 3 inches wide at the cap and cover from neck to outside of shoulder. Undergarments should not be visible.
  8. Dress, short, and skirt lengths must be modest and not revealing. They can be no shorter than 4" from the top of the knee cap in a standing position.

*Please refer to the student handbook on our website for the full dress code policy.