



May 2015

“You’ve done it before and you can do it now. See the positive possibilities. Redirect the substantial energy of your frustration and turn it into positive, effective, unstoppable determination.”

~ Ralph Marston

Inside this issue:

| | |
|-----------------|---|
| Administration | 1 |
| Fundraiser | 2 |
| Year End Info | 3 |
| Staff Spotlight | 4 |
| Lunch News | 4 |
| Activities | 4 |
| Cellphones | 5 |
| Other Info | 6 |

ADMINISTRATION

Dear Parents, Guardians, and HIS Students,

Thanks for a fantastic school year. I’m proud of the efforts our students have made this year and their willingness to try new things. The students have worked hard and achieved success academically, artistically, and athletically. I can’t wait to see all the wonderful things you will accomplish in middle school, high school, college, and beyond.

If you want your students to have a better chance of academic success next year, you should encourage them to read, review math facts, write, and do other intellectual activities. Here are some suggestions I’ve seen:

- ◆ Subscribe to a magazine your child likes
- ◆ Take your students to the library
- ◆ Read the same book as your children so you can discuss it with them
- ◆ Find online math games that review facts
- ◆ Encourage students to keep a summer scrap book or journal
- ◆ Find a pen pal (don’t forget grandparents) that students can email or send a letter to
- ◆ Attend a science or technology camp.

Have a great summer!

Mr. Christensen, Principal

HIS FUNDRAISER



#4PetesSake

Peter is 17, attends HHS, and is very active. In June (2014) he was diagnosed with a stage 3 brain tumor. His doctors didn't give him very high odds to beat this, but because of his great attitude, the doctors have told him he can BEAT THIS!!!

May 4th-14th, we, the "HIS" Student Council will be hosting a fundraiser in behalf of Peter Lewis and his family.

Donate money and watch teachers be Soaked(10+buckets), creamed, or kiss a Pig/goat!



YEAR END INFORMATION

SAGE Testing will be through May 15th. Help your kids do well on end-of-level test by having them eat high protein low sugar breakfasts, drink plenty of healthy fluids, get plenty of sleep and have as little stress as possible around the house. Click below for more information.

[The Best Brain Food Before a Test](#)

[What to eat before an exam](#)



HAPPY RETIREMENT

MR. PUGH

WE WILL MISS YOU !!!

Yearbooks are still available but are limited. They are for sale in the office for \$20.

Welcome our New Teachers for 2015-2016 school year.

Jordan Healey—7th Grade Science Teacher.

Lisa Crandell—CTE Business Teacher.

Watch for the newsletter in August where we will be highlighting these teachers.

Use coupon code STGEORGE123 to received 50% off the registration fee when you register before May 1st.

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Staff Spotlight

I am new to HIS since March 16th. I am enjoying the 7th graders of HIS. I find them to be mostly very respectful, kind and focused on doing their school work. I have taught PE in Elementary School and Dance in Highschool, College and University as well as all other subjects while being a substitute. I have been a teacher for 25 years.

I am a farm girl from Arizona and yes, I did milk cows, slop pigs, drive tractors and ride horses. I graduated from BYU with a Master's Degree in Physical Education (Dane, Group Guidance, Speech and Drama). I met my sweetheart, Grant Roylance, after college graduation. In fact, this summer, August 20th, we will celebrate our 50th wedding anniversary! I taught school until I became a mom. I stayed at home and worked FULLTIME nurturing 7 children. I returned to teaching when my youngest child entered school. I now have 29 grandchildren and a grand family!

I love any hobby that is focused on families. I love all colors and my favorite food is Mexican, of course, with lots of hot sauce!

I chose to become a teacher because of the schedule. I wanted to be a mom and I wanted to be with my family when they returned from school. I wanted to enjoy being with my family during summer vacations. Now, that I am an "empty nester" with no children in my home, I enjoy being with young people like those found here are HIS.



Fran Roylance

NEWS FROM THE LUNCH LADIES—Click Here for [May Menu](#)



EFFECTIVE IMMEDIATELY: Please check lunch balances often. Starting May 8th. If your student does not have the full amount for a meal, they will not be allowed to eat that day. This is district policy. THERE IS NO CHARGING FOR LUNCH.

The lunch payment amounts for May are: full pay \$33.60 reduced \$5.60. Breakfast: full pay \$14.00 reduced \$4.20. If you have questions on your account please call 635-8931 and ask for Pauline. She is available from 7:10 am to 12:45pm.

You will now have the option to pay for your student's lunch online at www.paypams.com. We have also sent home a flyer with your student for you to have for a reference.

SCHOOL ACTIVITIES

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| May 5: | Immunization Clinic at H.I.S, SW UT Health Department, 7am-9am | May 14: | Orchestra Swim Party, Hurricane City Pool, 3pm-5pm |
| May 6: | Orchestra Concert, 6pm & 7pm | May 15: | Carnival—Activity during school. |
| May 12: | Band Concert 6pm | May 18: | Peer Mediator, Student Council, Yearbook, Character Ed students at swim party |
| May 13: | Piano Concert 6pm | May 19: | Preschool Graduation 10:30am-3pm |
| May 13: | Choir Concert 7pm | | |

MAY 21: LAST DAY OF SCHOOL!

15 things your cellphone has completely replaced

If there is one thing many of us can't live without, it's our cellphones. Some features found on cellphones, whether included or downloaded after purchase, have taken over the duties of tools or gadgets once used daily. Like it or not, the cellphone has revolutionized our world and will continue to revolutionize the way we learn and live.

Here is a list of 15 things (you may or may not remember ever existing) that have been replaced by your cellphone.

1. Your alarm clock—As an added bonus, your cellphone also automatically changes the time for Daylight Savings or when you travel to a new time zone.
2. Your Camera—Camera phones have become increasingly more impressive and make it possible for us to share photos through texts, email and social media.
3. Basic Learning tools—Calculator and notepads, also education friendly apps have made it possible to learn things regardless of your location.
4. Your GPS— Type in the address and let your cellphone guide the way
5. Your CD collection—If you have bought a car since 2007, then you have probably experienced firsthand the joy of plugging in your cellphone and listening to the music of your choice.
6. Your daily planner—Your cellphone can even remind you of upcoming events.
7. Your home phone—Do you remember the sound of a ringing landline? Probably not!
8. Your wristwatch—Watches are still a thing but they are definitely less of a necessity thanks to cellphones.
9. Books and Newspapers—Say goodbye to buying literary publications off the shelves and say hello to reading them from your cellphone.
10. Handheld gaming devices—With thousands of gaming apps available for cellphones for an inexpensive price, there's no need to pay for an extra device when you already have the perfect one attached to your hip.
11. Yellow pages—The big, yellow books that come in the mail once a year are now being used as doorstops instead of a resource for business information, since Yellow Pages has a cellphone app to download for free.
12. Your assistant—Besides the assistant being ridiculously smart, it's hard to be jealous of a monotone, electric rectangle.
13. The dictionary—Since most people don't look up words too often, why let a book collect dust when you can look up words with ease on your cellphone?
14. Your address book—With names and phone numbers already saved on your cellphone, all you need to do is type in home or email addresses and you're set!
15. Your flashlight—It is built in, no need to carry one in your purse or on a keychain.

In the future, cellphones may find themselves replaced but for now they appear to be indispensable in our society. They are a staple in our lives and have advanced our efficiency and our ability to learn online.

FROM THE OFFICE

Our office hours are Monday–Friday 7:10am to 2:50pm

Doors will be open for students at 7:10 am and closed at 2:50pm. Please be aware that there should be **NO cell phone use** during school hours. Phones will be confiscated if they are seen during these hours. Also, please be aware that our school is a “GUM FREE ZONE”. No gum is allowed at school.

Parents, just a reminder that your PowerSchool I.D. and password and your student’s I.D. and password are on the schedule that they received at registration. If you have problems accessing your student’s grades online, please let us know.

Please remember to call the office at 635-8931 if your student will be absent. If you are checking your student out of school, **you will need to come in to the office** and sign them out. **You must have I.D. in order to check out a student.** We will not release students to anyone who is not on your contact list.

Dixie Direct Books are available in the office for \$35.00.

Cedar Mountain Science Investigations Science Camps for Kids 4th–6th grades. 2 fun filled days and 1 night of exciting science activities at the SUU Mtn. Center
See website for more information & registration form:

<http://suu.edu/cose/center/>

ATTENTION

7th GRADE IMMUNIZATIONS

The following immunizations are required for your child to attend HIS as a 7th grade student.

⇒ **Tdap**

⇒ **2 Varicella (chickenpox)**

⇒ **Meningococcal**

The immunizations may be done anytime from now until the next school year starts in August 2015.

Click here for more information

[Immunization Requirements](#)

Starving Student Cards are available for sale in the office for \$20.00

For each card sold our school receives \$10.

[Click here for more information](#)

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