

SPORTS & OUTDOOR SEWING

Disclosure Document 2025-2026

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COURSE DESCRIPTION

The Sports Sewing class is designed to introduce students to basic sewing skills. Students will learn about the use and care of the sewing machine while making projects that help students learn basic skills. An emphasis will also be placed on the other benefits of sewing beyond the sewing skills themselves. These benefits include learning to read and follow directions, creative thinking, dexterity, and perseverance.

WORK ETHIC

This course is designed to teach basic skills. Students must complete all projects for credit. Unfinished projects will not be accepted for partial credit. Students with more experience will be encouraged to select more challenging projects and may be able to complete more projects. Regardless of skill level, all students are expected to stay on task and work hard to complete projects in a timely manner.

SEWING SKILLS

These are the sewing skills/performance objectives that are required by the state for this course:

- Zigzag seam finish
- Clean Finish seam
- Seam allowances
- Casing
- Patch pocket with mitered corners
- Buttonhole
- Button attached by hand sewing
- Machine stitched hem
- Hand stitching

*Students who demonstrate competency in those skills AND earn at least 80% on the state test at the end of the semester will receive a certificate. This is a state recognized achievement that students can include on job and scholarship applications.

SUPPLIES AND EXPENSES

There is a \$15 fee for this class to help provide supplies and notions for class sewing projects.

Students have the option to bring their own fabric if they wish to personalized their projects or if they would like something different.

Students should ask the teacher for project specifics so that they can provide their own fabric and be prepared.

<div><h2>Sewing Projects</h2><p>The performance skills must be demonstrated in student projects. There will be specific projects required for all students which will pass off some of the required performance skills. Students may choose from from a list of extra projects that will allow them to pass off the remaining skills. Students are expected to finish any project they start by the deadline at the end of the semester. Failure to do so will result in a loss of points.</p><p>Required projects include:</p><ul style="list-style-type: none">• Pajama bottoms• Chicken pincushion• Frog rice bag<div><p>Additional projects to choose from include:</p><table><tr><td>Duffle bag</td><td>Fanny pack</td></tr><tr><td>Pillowcase</td><td>Snap purse</td></tr><tr><td>Designer bag</td><td>Quilt top</td></tr><tr><td>Recycle project bag</td><td>Bucket hat</td></tr><tr><td colspan="2">And many MORE...</td></tr></table></div></div>	Duffle bag	Fanny pack	Pillowcase	Snap purse	Designer bag	Quilt top	Recycle project bag	Bucket hat	And many MORE...		<div><h2>Attendance</h2><p>Because this is a hands-on course, attendance is critical to success in this class. Plan on working hard and attend class so that you are able to finish projects by the deadline. Incomplete projects will not be graded.</p><p>Students with extended absences should contact the teacher before hand to make arrangements to complete projects after school.</p><p>If a student has more than 10 absences they will automatically be dropped from the class.</p><p>If a student falls below 70% they can participate in an intervention after school to make up work. Intervention is held on Wednesday after school.</p></div>					
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<div><h2>Grades</h2><p>Grades will be given according to work done during each quarter. A student's grade will be determined by a combination of the following:</p><ul style="list-style-type: none">• Completion of performance skills• The quality of each complete project.• Quizzes to pass off sewing basics<p>Points earned are based on percentages</p><table><tr><td>93-100% = A</td><td>90-92% = A-</td><td></td></tr><tr><td>87-89% = B+</td><td>83-86% = B</td><td>80-82%=B-</td></tr><tr><td>77-79% = C+</td><td>73-76% = C</td><td>70-72%=C-</td></tr><tr><td>67-69% = D+</td><td>63-66% = D</td><td>60-62%=D-</td></tr><tr><td>0 - 59% = F</td><td></td><td></td></tr></table></div>	93-100% = A	90-92% = A-		87-89% = B+	83-86% = B	80-82%=B-	77-79% = C+	73-76% = C	70-72%=C-	67-69% = D+	63-66% = D	60-62%=D-	0 - 59% = F			<div><h2>Project Options</h2><p>My goal is to provide students with projects that they are excited to make. The list of project options is continually growing and changing. Students are always able to bring a project of their choosing as long as it is teacher approved. With special projects, the student will be responsible to provide their own fabric and supplies.</p></div> <div><h2>Bathroom Pass</h2><p>Every student will be allowed to use the bathroom <i>3 times in a single day</i> by using he SMART pass. Students should ask <i>permission</i> and use the system on the Chrome Book to check out. Cell phones should be left in the classroom "holding" container until the student returns.</p></div>
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SAFETY

Safety is important in the classroom.

Students should be aware of the safety hazards that exist with sewing machines, hot irons, and other equipment that will be used.

Please read the following safety guidelines and understand that they will apply to ALL students who use the sewing classroom.

[Laboratory Safety Acknowledgement Form FoodsSew.docx](#)