

Excel Syllabus ~ Dixie Middle School

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Course Description and Outline:

Excel is a mentoring class that is offered to help guide students to a successful academic year. Mentors work with students within the school, helping them set and meet goals, acting as a student advocate with the school, assisting the student with school related issues, communicating with parents/guardians, and tracking and reporting attendance and grades.

Students will:

- Create weekly goals and a plan to execute on goals
- Learn and implement self-coaching techniques
- Learn how to analyze your point of view (think about how your thinking)
- Manage time better and focus on getting work done

DMS STUDENT HANDBOOK -

<https://dms.washk12.org/wp-content/uploads/sites/111/2021/08/Dixie-Middle-Student-Handbook-2021-1.pdf>

Student Responsibility

It is the student's responsibility to come to class on time and be prepared with notebooks, pencils, binders and any other material needed for that class. Students play a key role in the education that takes place in the classroom. It is up to the students to contribute and ask questions to ensure learning.

Participation

Full and active participation is extremely important. Students will be asked to participate in many individual and group activities. Active and quality participation will be rewarded with digital SOAR cards. Students are expected to actively participate in each class without interfering with the instruction or learning of others. Classroom Participation is defined as being fully attentive in class, offering verbal contributions to enhance group learning and fully participating in the class activities.

Service Projects

Each quarter, students will choose and lead a service project or fundraiser, enhancing their leadership and teamwork skills. They will reflect on their experiences and the project's impact, fostering civic responsibility and community engagement.

Classroom Rules

The classroom rules are:

The five classroom rules are based on student respect and responsibility:

BE PROMPT : Arrive on time and be ready to start the class.

BE PREPARED : Bring all necessary materials and complete any assigned work.

BE PRODUCTIVE : Engage actively in class activities and complete assignments on time.

BE POLITE : Show respect towards peers, teachers, and the learning environment.

BE PERSISTENT : Continuously strive for improvement and overcome challenges.

ELECTRONIC DEVICES:

In alignment with Utah's cellphone policy (SB 178), cellphones are prohibited in class at all times.

Attendance Policy

Students should be in class, seated each day by the time the bell rings. Students should come to class prepared, with all supplies. The students are responsible to make up missed content and assignments on their own time when absent. All work is available digitally, students should check their Canvas or send me an email about any assignment. Missing assignments must be completed in a timely manner.

Grading Policy

Behavior, attendance, and work habits will be reported separately from academic achievement on the citizenship grade. Please help your student understand that these behaviors will impact their learning and, therefore, their academic achievement.

Canvas

Parents can use the Canvas to access grades and assignments during the school year. Access/Login information is available at the front office.

Films

During the semester, if the opportunity arises, we will view some films that demonstrate resilience. These films may be rated PG and PG13, all films are screened to be age appropriate.

The Blind Side Secondhand Lions Matilda Annie Hoosiers Kubo Coco Hidden Figures Miracle at Midnight	Soul Surfer Hugo Life of Pi War Horse The Incredibles Wall-E Finding Nemo Up Ruby Bridges
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Please sign and return this syllabus to acknowledge that you have read and understood the course requirements and expectations and are giving permission for your student to view PG and PG 13 films in class.

I am available by email or phone if you need to talk to me. I will also be glad to set up an appointment to meet with you if the need arises. Please feel free to contact me with any questions regarding this course. I am looking forward to working with you and your child to make this a great year!

Thank you,
Mrs. Justina Arvig

We have read the disclosure statement for Excel. We understand and agree with the policies, procedures, and expectations for the classroom.

Student Name (print)_____

Parent/Guardian Name (print)_____ Parent/GuardianSignature_____